



# The Cambridge Boundary Run

Sunday 1st March 2009



Cambridge University  
Hare & Hounds

## Contact Number

If you decide not to complete the course, or get lost, or require help, please ring the ASDA mobile on

# 07789 597365

which will be manned on the day.

In case of emergency, call 999 and try to give your location as accurately as possible.

If you wish to make your own way back to the start, ask for:

David Lloyd, Coldham's Business Park, Coldham's Lane, Cambridge, CB1 3LH.

01223 401200

## Hydration Stations

There are five water/sports drink/food stations along the route:

Wort's Causeway at the intersection of Cherry Hinton Road and Lime Kiln Road (7.7 km / 4.8 miles)

Grantchester Mill Pond (15.2 km / 9.5 miles)

Coton Countryside Reserve (21.2 km / 13.2 miles)

At intersection of Cambridge Road and King's Hedges Road (28.3 km / 17.7 miles)

Green End, Fen Ditton (35.8 km / 22.4 miles)

The Half Marathon will end at the Coton Countryside Reserve

If you are taking a bus back to the start please assemble by the bus on completion of the half marathon as each bus will leave when full. The third journey (if necessary) will leave approximately 1 hour after the first bus has left.

If you wish to run back to the start via town (5.5 miles), **please remove your number so those manning the finish don't get confused.** Then run north into Coton and take The Footpath' towards Cambridge. Cross the M11, run past the Cavendish and the Athletics Track, down Adam's Road (past Robinson College), down Burrell's Walk, across Queen's Road, right past Trinity Hall, left down Senate House Passage, clockwise around the market, left down Petty Cury (by Lion Yard), south down St Andrew's Street as far as the University Arm's Hotel/Pizza Hut, diagonally left across Parker's Piece, right down Mill Road (past the swimming pool), over the railway bridge, along Brookfields (passing the pub 'The Brook'), over the little footbridge straight ahead, down the path between the lakes, over the railway bridge and past the Holiday Inn to arrive at David Lloyd!

## Caution

Please be careful when running near roads and look both ways before crossing.

Traffic-light controlled pedestrian crossings are available at several locations and should be used.

Avoid crossing near parked cars or at large junctions.

Remember to face oncoming traffic if running on the road and be prepared to use the verge.

Lookout for construction sites, rabbit holes, tree roots, low hanging branches and brambles.

The route crosses active railways at several places.

**Stop, look and listen** before crossing

and ensure the tracks are clear **in both directions** before crossing.

When crossing fields stay on the path and avoid any planted vegetation.

Close any gates after you.

From the start, follow the cycle path east 330 m. At the bend in the road by the play area **[1]** continue in the same direction along the alleyway (for 400 m, crossing Orchard Estate road partway). Follow Railway Street to the High Street.



**[2]** Turn **LEFT** into Cherry Hinton High Street and after 50 m cross the road using the pedestrian crossing. Continue for 200 m on this side of the road and at the mini roundabout **[3]** turn **RIGHT** into Fulbourn Old Drift. Continue for 630 m.



**[4]** At the end of the road, turn **RIGHT** onto Gazelle Way / Yarrow Road



Cross the **RAILWAY LINE** carefully.  
**[5]** Immediately turn **LEFT** along the cycle path (towards Fulbourn). There is a Tesco on your right.  
Continue for 1350 m.



**[6]** At the T-junction, continue **STRAIGHT ON** into Fulbourn. Continue for 240 m.



**[7]** On entering the built up area, turn **RIGHT** into Cherry Orchard. Take the next turn to the left and look for the two alleys at the top of the small hill, after 150 m.



[8] Take the alley on the **LEFT** and watch out for your head on the tree at the end. After the alley way continue in the same direction, curving to the right with the road.



[9] Continue bearing right along Caraway Road for 430 m and cross to left-hand pavement when you reach Cambridge Road. Look for alley way on opposite side of road and proceed down it towards Huntsmill. Continue **STRAIGHT** for 240 m.



[10] **RIGHT** when you reach Shelford Road. This is the start of the long ascent with a spectacular view of Cambridge. Continue for 3 km over the large hill. At the top follow signs to run on verge as oncoming traffic can be hidden behind bend. **RUN ON RIGHT-HAND SIDE UNTIL BEECHWOODS NATURE RESERVE SO YOU CAN SEE ONCOMING TRAFFIC!**



[11] Halfway down the hill cross the road and turn **LEFT** and go through the gate into **Beechwoods Nature Reserve**.

**DO NOT CROSS THE ROAD UNTIL YOU ARE AT THE NATURE RESERVE!**



[12] Turn **DIAGONALLY RIGHT** after 15 m and follow a small path down the hill to the right. Pass to the left of a tree carving of a bearded man!



Go through the gate "*Welcome to Beechwoods*" and continue down the path parallel to the road for 70 m. Cross the stile and continue parallel to the road.



**1<sup>st</sup> WATER STATION** - Enjoy  
Cross Cherry Hinton Road.  
Pass through the hedges just right of the  
“Cherry Hinton 1” sign.  
**[13]** Go **STRAIGHT** along grass track  
(towards Addenbrooke’s Hospital)



Follow path around a sharp **LEFT** bend **[14]** (after 670 m) and continue  
280 m towards Babraham Road. Go through the gate **[15]** and cross the  
road.

**TAKE CARE WHEN CROSSING THE ROAD!**



Having crossed over, continue in the  
same direction along Granham’s Road for  
430 m and at the footpath signpost **[16]**  
(pointing towards the hospital) turn  
**RIGHT**. (Half way along this stretch you  
can run inside the right-hand hedge **[17]**).



After 470 m **[18]** turn **LEFT** as soon as you  
have passed a ditch and clump of bushes.  
(If you have reached the cycle path you  
have come 140 m too far so turn back and  
look for the path!) Continue along the  
path for 600 m.



**[19] LEFT** at the T-junction when the path hits a field.  
30 m ahead is the entrance to **Nine Wells Nature Reserve**.  
This is the source of the water for Hobson’s Conduit.  
Enter the reserve and run to the far left corner up the hill slightly, then  
take the path on the **RIGHT** 200-300 m. After the monument bear right,  
then right, then left and look for the exit!



**[20]** Exit the other side of the reserve and  
follow the road to the railway (85 m).



[21] Turn **RIGHT** at the BRCA LED-lit cycle path (this is **really** cool at night) and follow it all the way (1150 m) to Robinson Way which runs around Addenbrooke's hospital. You'll cross a small wooden bridge at one point [22].



[23] At Robinson Way turn **LEFT** and follow the pavement west (in front of the Rosie) then north, as far as the recycling bins on the left (about 360 m). If you reach Keith Day Road you have gone too far.



[24] Take the permissive path off to the left (by a smoking area) to run west 400 m towards the railway line.



[25] Use the level crossing to **CROSS** the tracks (**BE VERY CAREFUL**) avoiding the trains travelling between Cambridge and London Liverpool Street / London King's Cross / Stansted Airport. Continue straight through the next field for 430 m. NB The bridge has more substantial side walls now than depicted in this photo.



[26] **STRAIGHT ON** at the junction of the path with the old railway trackbed. Continue towards the houses for 240 m.



[27] On reaching the road turn **RIGHT** and run 270 m along Paget Road to the distant bend. At the bend, across a small square area of grass, you will find an alley way. Run to the right of the grass and enter the alley [28]. It will come out on Scotsdown Road/Beverley Way.

Continue **STRAIGHT** along Beverley Way and at the High Street turn **RIGHT** and run 30 m to the traffic lights [29]. Cross the road and proceed west for 230 m along Church Lane.

**[30]** At the junction with Grantchester Road/Maris Road keep going!  
(The photo was the view you would have seen had you run the 2008 course!)  
Continue for 935 m.



**[31]** Just beyond the mill pond, turn **RIGHT** at the  
“Public Footpath” sign.  
**2<sup>nd</sup> WATER STATION** is on your right.  
Follow the footpath for 130 m, around the houses.



Rejoin the road and continue straight.  
Follow the road for 380 m around The Orchard.



**[32]** Turn **RIGHT** at “Public Footpath Newnham 1½” sign  
opposite Manor Farm Grantchester and the Church.  
Follow the tarmac cycle path through Grantchester Meadows for  
1430 m. Note the views of the river and Addenbrooke’s Hospital  
Chimney!



**[33]** Turn **LEFT** at the old wooden gate that takes you past St  
Catharine’s Astroturf pitch (this is the first gate near the end of the final  
meadow). St Catharine’s College has given you permission to use this  
path today, at your own risk. If you do not wish to accept the risk,  
please continue into Newnham, then turn left at Barton Road and pick  
up the marked route outside Wolfson College.



Follow the path to the road and navigate the gate (which may be  
open). If it isn’t open there is a missing post on the fence on the left  
making it easy to crawl through). **[34]** Once through turn **RIGHT** and go  
north. **WATCH OUT FOR CARS!**



After having gone north for 75 m go **LEFT** onto a track (with a metal barrier) for 190 m going west along the outside perimeter of the rugby pitches (on the field side of the hedge).



Continue following the hedge around the pitches and turn **RIGHT** (leaving the gravel track for a footpath) to head north, running 380 m behind the rugby stand. You will then pass Newnham's Miniature Railway on your left (NB new highlight for 2009). If you are lucky you might hear a train sound its horn. All aboard!



**[35]** Turn **RIGHT** at Fulbrooke Road and run 210 m towards Grantchester Road.  
**[36]** Turn **LEFT** at the junction and run north for 200 m.



**[37]** **LEFT** at Barton Road (by Wolfson College). There are toilets near the Porters' Lodge and if you ask nicely the porters may let you use them. Continue 1090 m west (passing City Boundary after 430 m), **crossing the road when safe**.



**[38]** After passing Laundry Farm, turn **RIGHT** at sign, "*Public Footpath. The Wimpole Way*". Continue down the lane and straight on through the field for 575 m.



Pass through the gap in the hedges  
**[39]** After 130 m, cross over the M11 on the farmers' bridge.



After crossing the M11, continue for 250 m. **[40]** As the concrete track starts, turn **LEFT**. The Coton Countryside Reserve is just a short distance ahead of you!



At the reserve go through the black gates to arrive at the half marathon finish. **Well done!** 😊



Full boundary runners continue to the **3<sup>rd</sup> WATER STATION** then run north along the path on the inside of the hedge to the gate at the end.



**[41]** Pass through the gate and run north for 130 m into Coton. At the Y-junction after the *Coton* sign leave the main road and bear **LEFT**. **CARS CAN TRAVEL QUICKLY ON THIS ROAD (IT IS JUST OUTSIDE THE 30MPH ZONE) SO PLEASE KEEP ON THE LEFT, BUT BEWARE CARS MAY APPROACH YOU FROM BEHIND.**



Follow the residential track around to the **RIGHT** and 30 m after the bend look for a footpath on your left. **[42]** It is immediately to the right of the drive to *Manor Farm*. If you reach the main road (Brook Road) you have come a bit too far.



Climb over the stile and follow the main path **KEEPING TO THE LEFT**. After you have run through a thick bush/hedge you might find another stile, and then a field with some strange animals in it. This final field has a Y-junction made out of wooden fences. **[43]** Take the one on the **RIGHT** and you'll see a tower (see photo) with a square-based pyramidal roof behind the trees.



Follow the path along a brick wall to emerge on Coton High Street. Turn **RIGHT** and proceed for 100 m. **[44]** At the junction with Cambridge Road turn **LEFT**. Continue for 475 m north.



**[45]** Cross St. Neots Road / Madingley Road (A1303) with care. Follow the sign to "*Madingley / Dry Drayton*" Continue for 265 m.

**[46]** When the road slightly bends to the left, take the "*Public Footpath to Girton 1¼*" on the **RIGHT**.



Go down the steps and turn **RIGHT** around the field boundary, along the end of the trees. After 300 m, the path splits a bit. **[47]** Make sure you run on the footpath that has a drainage ditch on your left and a wood on your right. Follow for 300 m to the end of the wood **[48]** and head slightly off to the right ahead with a drainage ditch on your right.



**[49]** After the gap in the trees, turn **RIGHT** onto the track. Continue on the track for 480 m and pass under the M11 **[50]**. Continue to follow the track for another 320 m.



Pass through a double set of gates. There are stiles on the right and left sides of the gates.



**[51]** **RIGHT** at Huntingdon Road (A1307). Use care when crossing the dual carriageway.

**CARS CAN GO VERY FAST ON THIS ROAD. BE CAREFUL!**



Continue for 60 m towards Cambridge until you reach **[52] Grange Drive**. Turn **LEFT** and run 230 m to the bend in the road.



**[53]** Just before the road turns left, turn **RIGHT** onto the footpath by a red bin. Continue 250 m with the playing field on the left. At a gravel car park, bear **LEFT** down the path for 40 m.



**[54]** Cross Girton Road onto Thornton Road. Continue 530 m.



**[55]** **LEFT** at the T-junction ("*Chris's Bikes*") onto Thornton Way.  
**[56]** After 350 m, **RIGHT** onto Thornton Close for 130 m.



**[57]** When the road turns right, take the footpath to the **LEFT**. Cross the bridge and turn **RIGHT**. Follow the fence for 230 m.



**[58]** Turn **LEFT** when the path hits the road and continue 50 m. Pass through the gate onto the 'Potato Course'. Continue straight 870 m through the fields



**[59]** At T-junction take **RIGHT** track towards the main road. Continue 250 m.

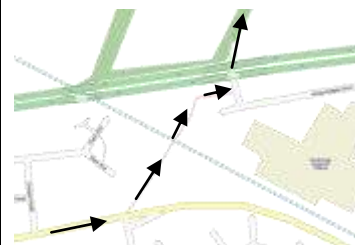
**4<sup>th</sup> WATER STATION.** Cross Cambridge Road. **BE CAREFUL!** Turn **LEFT** and go towards A14 (staying on right-hand side of road). Continue 160 m.

**[60]** At the major junction, stay on pavement and turn **RIGHT** running along King's Hedges Road. Continue on right-hand pavement for 1200 m.

**[61]** Opposite Northfields Av take footpath towards A14.

**BE CAREFUL CROSSING ROAD!**

Cross disused railway/guided bus works, then pass through tunnel under A14 **[62]** and continue along path in same direction. Path goes to left of caravan park. Avoid burning tyres and mattresses! Continue straight for 1600 m.



**[63] RIGHT** at main road (Milton Road/Butt Lane). **Watch out for traffic!** After 420 m join pavement and continue 430 m to footbridge over A10.

**[64]** Continue along Butt Lane for 580 m.

**[65] LEFT** at High Street for 175 m.

**[66] RIGHT** into Fen Road. Continue 1260 m to River Cam.

**BE CAREFUL WHEN CROSSING RAILWAY LINE AT LEVEL CROSSING!**

On this line you will find trains that run between Ely and Cambridge.



**[67] RIGHT** at the River Cam.

Proceed along the towpath 200 m.



**[68] LEFT** over Baits Bite Lock using the metal stairs.

**Please do not attempt to swim across.**



**[69]** After the lock but before the footbridge over the stream, turn **RIGHT** and follow the fence.  
Continue 990 m along the “*Fen Rivers Way*” parallel to the river and under the A14.



Just after a couple of gates **[70]**, the footpath joins a road. **5<sup>th</sup> WATER STATION**. Turn **LEFT**.  
Follow the track 70 m.  
**[71]** **RIGHT** onto the footpath.  
Continue 340 m.



Pass through the fence.  
Cross the green (140 m).  
**[72]** Exit the gate and go **STRAIGHT** on along Church Street.  
Continue 240 m.  
**[73]** **LEFT** onto High Street



**[74]** Cross Horningsea Road / Ditton Lane (B1047) onto High Ditch Road. **Watch out for traffic!**  
Continue for 250 m.



**[75]** **RIGHT** on street “*leading to Shepherd’s Close*”.  
Continue for 30 metres



**[76]** **LEFT** through the gate at the “*Public footpath to Teversham 1*” sign.  
**RIGHT** towards building for 30 m  
Enter gate, pass to the left of the building, proceed 40 m.



Cross another gate (and beware of horses).  
**RIGHT** and continue for 80 m  
Exit field through another gate into the trees.



**DOWN** steps to the disused railway,  
**[77] LEFT** on path for 7 m.  
**RIGHT** & up other bank.  
At the top, continue **STRAIGHT** through the trees until you reach a field after about 30 m.



Cross the field heading slightly towards the left and join the "51" cycle path.  
**[78] RIGHT** into the Park and Ride car park.



On arrival at parking spaces **GO STRAIGHT** and continue towards bus terminus. **BEWARE OF CARS!**  
If the office is open, there may be a toilet available.



Stay on left-hand pavement and exit Park and Ride.  
**[79]** Cross main road carefully then **LEFT** on Newmarket Road (A1303).  
**Watch out for traffic!**  
Continue for 600 m with the airport on your right.



**[80] RIGHT** at the roundabout.  
Continue along the "Airport Way Cycleway Sponsored By Marshall Group of Companies" for 800 m.



**[81] RIGHT** at the sign  
"Public Footpath".  
Follow the fence for 165 m.



Cross the footbridge **[82]** and follow the fence for 700 m.  
Cross a second footbridge **[83]** and continue **LEFT** around the field with the ditch to your left for 325 m.



**[84]** Pass through hedges onto March Lane and back into Cherry Hinton.  
Continue straight for 175 m.



**[85]** At the T-junction (Church End) turn **RIGHT**. Follow the road around to the left for 590 m (Rosemary Lane).  
**[86] RIGHT** at Coldham's Lane. Cross the road.  
**Watch out for traffic!**



**LEFT** at the Toyota dealership into Coldham's Business Park. Go 330 m to **COMPLETE** the BOUNDARY RUN in front of Sweatshop.  
Congratulations! ☺

Hope to see you again next year.



*Cambridge University Hare & Hounds would like to thank the Cambridge Preservation Society (a local charity) for allowing us to use the Coton Countryside Reserve and Martin Car Park for the half marathon finish. Please give them your support.*

*For more information on their work and the other locations they look after visit their website at <http://www.cpswandlebury.org>.*



# Cambridge University Hare & Hounds



**KPMG**

<http://www.cuhh.org.uk>